Dr John McManus, Regional Programme Director, UL Hospitals Group
Dr McManus, Consultant Physician, and can be contacted by email at: johnt.mcmanus@hse.ie

Ms Niamh Laffan, HR (Medical Manpower), UL Hospitals Group
Niamh can be contacted by email at: niamh.laffan@hse.ie

Ms Muire Graham, RCPI Co-ordinator, UL Hospitals Group
Muire is our RCPI Coordinator and your point of contact for information about RCPI training programmes, courses and educational support in UL Hospitals Group. You will find her in the RCPI Office, Postgraduate Training Dept, Room 2938, Ground Floor, Nurses Home, University Hospital Limerick. Muire is in the office Monday to Thursday mornings until 1:30pm. You can contact Muire on 061 588264 or e-mail muiregraham@rcpi.ie or muire.graham@hse.ie.

Mr Timothy Sillery, Training Lead Office, UL Hospitals Group
Tim can be contacted by email at: timothy.sillery@hse.ie
Who are UL Hospitals?

UL Hospitals Group, comprises six different hospital sites:

- University Hospital Limerick (UHL), Tel: 061 301111
- University Maternity Hospital Limerick, Tel: 061 483148/483129
- Nenagh Hospital, Tel: 067 31491
- Ennis Hospital, Tel: 065 6863100
- Croom Orthopaedic Hospital, Tel: 061 397276
- St. John’s Hospital (Voluntary), Tel: 061 462222

What we do

We have over 3,000 staff providing a range of emergency, surgical and medical services on an inpatient and outpatient basis to a population of some 430,000 people in the Midwest Region.

The UL Hospitals Group’s mission is to provide high quality care for all people in our community in the diagnosis, treatment and prevention of disease. We will fulfil this goal by excellence in clinical care, education and research in conjunction with University of Limerick as its Academic Partner.
Reach your full potential with UL Hospitals Group, training doctors to become world-class specialists, we are committed to helping you reach your full potential.

Planning a career in General Internal Medicine? General Internal Medicine deals with the prevention, diagnosis and treatment of adult diseases. Doctors specialising in General Internal Medicine need expert knowledge of a wide range of common acute disorders due to the type of patients they encounter, and often have to manage seriously ill patients with undifferentiated or multi-system disease processes.

The vast majority of physicians have a subspecialty interest in diseases affecting particular organs or organ systems. The subspecialties in General Internal Medicine are:

<table>
<thead>
<tr>
<th>Acute Medicine</th>
<th>Haematology</th>
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<td>Dermatology</td>
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<td>Rheumatology</td>
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<td>Infectious Diseases</td>
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**Mid West Hub – UL Hospitals Group**

The Mid West BST GIM scheme consists of two years, rotating three monthly through a number of major subspecialties. Each rotation offers 18 months training in Limerick University Hospital / St Johns’ Hospital and a further six months training (usually during the first year) in one of our affiliated Model 2 hospitals. These are Ennis Hospital, Nenagh Hospital and South Tipperary General Hospital, Clonmel.

We have an excellent educational programme which consists of:

- Mondays - BST teaching
- Wednesdays - Journal Club
- Thursdays - Department of Medicine meeting
- Fridays - Medical Grand Rounds

In addition to the above, all specialities have their own specific teaching which includes journal clubs and bedside teaching.

We also ensure that our trainees who are undertaking their Membership are as prepared as possible. We offer consultant delivered tutorials for the MCQ preparation in the lead up to the clinical exams and we have specific membership orientated tutorials on a weekly basis in a syllabus format as well as holding a half day mock exam in preparation for your MRCP part 2 clinical.

We also organise mock interviews for our SHOs who are applying for registrar and SpR programs and further support is available in preparation for progression to SpR training.

We encourage all our trainees to partake in research and audit.
### WEEKLY (variable days)
- Rheumatology teaching in their Clinics & on Ward Rounds
- Haematology morphology consultant led teaching

### WEEKLY
#### Mondays
- Neurology Case Conference
- Cardiology Teaching Session
- Haematology Tutorial
- Radiology MDM - Nenagh Hospital
- Rheumatology/GIM/Dr Sabu - Clinical Meeting
- St John’s Hospital Teaching
- BST Teaching
- Stroke MDM teaching sessions
- GI MDM

#### Tuesdays
- Dept of Medicine, St John’s Hospital
- Oncology ‘New Patient’ Case Presentations
- Oncology Journal Club
- Nenagh Hospital: Journal Club & Topic Teaching.
- ED CSTEM teaching
- Haematology Journal Club
- STGH Clonmel Journal Club or BST teaching (video-linked from CUH)
- Rheumatology/GIM/Dr Sabu - Clinical Meeting
- Ennis Hospital - NCHD Presentation
- Radiology-Haematology MDM with Dr Kiely

#### Wednesdays
- Renal Journal Club
- Dept of Medicine X-Ray Conference
- Oncology Lung Multi-Disciplinary Meeting
- Cardiology Teaching Ward Round
- Cardiology Journal Club
- Respiratory Teaching Conference / Grand Rounds / Journal Club
- Rheumatology/GIM/Dr Sabu - Clinical Meeting
- Teagasc Journal Club Milford Hospice
- Ennis Hospital Case Conference Discussions
- Ennis Hospital X-Ray Conference
- Internal Medicine Journal Club
- Nephrology Research Meeting Clinical trials and Health Outcome Research

#### Thursdays
- Dept of Ageing & Therapeutics X-Ray Conference
- Dept of Ageing & Therapeutics Journal Club, Education meeting & Research Meeting
- Department of Medicine Weekly Educational Meeting
- ED Multi Disciplinary In-Situ Sim
- STGH Clonmel Consultant led teaching
- STGH Medicine Radiology MDM
- Nenagh Hospital: Clinical Meeting
- Rheumatology learning opportunity in OPD1
- Oncology, ENT & Urology (alternating) Multi-Disciplinary Meeting

#### Fridays
- Oncology Clinical Meeting.
- ED Teaching
- STGH Clonmel Case Conference / Grand Rounds (1/month) / Morbidity & Mortality Meeting (1/month)
- Palliative Medicine Grand Rounds Our Lady’s Hospice, Dublin
- Physiology Conference
- Oncology, ENT & Melanoma Multi-Disciplinary Meeting
- Grand Rounds

### DAILY
- MRCPI Tutorials

### FORTNIGHTLY
- Nephrology X-Ray Meeting
- Radiology Neurology with Dr Kiely
- Melanoma MDT (Derm/Path/Onco/Radio/RadOnc/ENT/OralMax/MelaSurg)

### MONTHLY
- Monthly Munster Dermatology Meeting (with Cork & Waterford)
- Monthly Cardiology/Respiratory clinical meeting
- ED Case Risk & Review Meeting
- Diabetes Multidisciplinary Educational Meeting
- Haem/Blood transfusion lab presentations
- Emergency Medicine Journal Club
- Monthly Cardiology/Cardiac Surgery meeting
- Monthly Stroke Radiology MDM with Dr Kiely

### ANNUALLY
- Cardiology Morbidity & Mortality Meeting
- Pre-Hospital Grand Rounds

### 4 MONTHLY
- 4 Monthly Nephrology Meeting with Beaumont Hospital Renal Pathologists

### QUARTERLY
- Cardiology Morbidity & Mortality Meeting

### AD HOC
- Mock Membership Examination Viva
- Effective Clinical Teaching Workshops
- Rheumatology Tutorials for MRCPI examinations
- Neurology case based teaching with Dr Boers
- AMAU long case teaching with Dr McManus

### Further Teaching Activities available to BSTs in UL Hospitals Group
10 Great things about working at UL Hospitals Group

- MidWest location and the lifestyle and accommodation choice which it offers
- Career development opportunities
- Team focused working environment in a Group structure
- Flexible working opportunities
- Academic Links and Research with the University of Limerick as Academic Partner
- Subsidised meals
- Training and education opportunities
- Free parking on all sites
- Friendly and social working environment with vibrant Sports and Social Club
- Pension and Sick Pay Scheme
The Ideal Location

UL Hospitals Group is ideally situated in the Mid West of Ireland, easily accessible by Road, Rail and Air.

**Rail:**

**Coach Service:** Bus Eireann operates services from Limerick City throughout Ireland. For more information please visit [www.buseireann.ie](http://www.buseireann.ie)

A number of private operators operate inter city services between Limerick and the other major Irish cities, including Dublin, Galway and Cork.

**Road:** The Mid West region has excellent road links, the main ones are the M7 from Dublin to Limerick, the N20 from Cork to Limerick and the N18/M18 from Galway to Limerick.

**Air:** Shannon Airport is only 20 minutes from Limerick City and offers both domestic and international flights. Airport information 00353 (0) 61712000.

**Rail:** Irish Rail provides services from Dublin to Nenagh, Ennis and Limerick. For more info please contact 00353 (0) 1836 6222 or visit [www.irishrail.ie](http://www.irishrail.ie)
A Vibrant Lifestyle

The Mid West Region has it all; from outdoor recreation and sport to a blend of culture, arts and tradition, so you can balance your hard work with the lifestyle you deserve. The Mid West also has many festivals and events throughout the year in counties Limerick, Clare and Tipperary.

Limerick City—A proud heritage

Limerick City, the fourth largest in Ireland, is a vibrant city with a proud heritage, in the heart of the corridor of the Wild Atlantic Way. It is home to Munster Rugby, the University of Limerick and its medical school, the Irish Chamber Orchestra, the University Concert Hall, and the recently opened Troy Film Studios. The city began as a Viking colony on an island in the river Shannon. Its castles, ancient walls and museums are testament to a rich and eventful past.

The surrounding countryside is full of historical landmarks and ancient castles, many of which have been restored to former glory, including Bunratty Castle and Folk Park, King John’s Castle and Craggaunowen. There are numerous museums in Limerick, including the world renowned Hunt Museum, and Limerick City Gallery. Limerick is also surrounded by many villages which are worth a visit, such as beautiful Adare and spectacular Killaloe on the banks of the Shannon.
What our trainees say:

"One of the strongest points about BST in the UL Hospitals group is the breadth of cases that present to the Emergency Department on call; genuinely everything and anything can and does come through the door, so exposure to all aspects of Internal Medicine is second to none".

“Primary referral centre for Midwest meaning pathology isn't diluted among different hospitals e.g. Dublin. Overall very broad scope of pathology in the hospital”

“Peripheral sites (Ennis, Johns and Nenagh) are commutable meaning if you get those rotations you don’t have to move around and double rent for six months)"

“I found the teaching and consultants to be excellent on the rheumatology, neurology, geriatric, respiratory and nephrology rotations. I also felt the consultants I worked with were all very eager to push me towards higher training and would support me in same. They were all very enthusiastic about their specialties and trying to persuade me to enter theirs.”

“In general I have lived in Limerick my whole life and really like the area, it’s the perfect size city, not too congested with plenty on offer to satisfy anyone’s interests.”

“the busy environment exposes you to a huge variety of medical conditions that you may not have the opportunity to treat in another hospital due to speciality take. If you’re willing to learn there’s a lot to learn from”
Meet some of your Trainers at UL Hospitals Group:

Dr Brian Casserly  
Respiratory Medicine

Dr Aidan O’Brien  
Respiratory Medicine

Dr Maeve Skelly,  
Gastroenterology

Dr Alexander Fraser  
Rheumatology

Dr Joe Devlin  
Rheumatology

Dr C.B. Sabu  
Rheumatology

Dr Mike Watts,  
GIM/AMU

Prof Declan Lyons  
Geriatric Medicine

Dr Catherine Peters  
Geriatric Medicine

Dr Margaret O’Connor  
Geriatric Medicine

Dr Colin Quinn  
Geriatric Medicine

Dr Sarah O’Connell  
Infectious Diseases

Dr Eithne Mulloy  
Respiratory Medicine  
St Johns Hospital

Dr John McManus  
AMU

Dr Jude Ryan  
AMU

Dr Bart Ramsay  
Dermatology

Dr Brendan Meany  
Cardiology

Prof Tom Kiernan  
Cardiology

Dr Terry Hennessy  
Cardiology

Dr Samer Arnous  
Cardiology

Dr Syed Abbas  
Cardiology

Dr Liam Casserly  
Nephrology

Dr Con Cronin  
Nephrology

Dr Austin Stack,  
Nephrology

Dr Michelle Gaffney  
Nephrology

Dr Denis O’Keefe  
Haematology

Dr Hilary O’Leary  
Haematology

Dr Maeve Leahy  
Haematology

Dr Ruth Clifford  
Haematology

Dr Peter Boers,  
Neurology

Dr Elijah Chaila  
Neurology

Dr Bart Ramsay  
Dermatology

Prof Rajnish Gupta,  
Medical Oncology

Dr Linda Coate  
Medical Oncology

Dr Nemer Osman  
Medical Oncology

Dr Marian Conroy  
Palliative Medicine

Dr Michael Lucey  
Palliative Medicine

Dr Mahfuzur Rahman  
General Medicine  
Ennis Hospital

Dr Manus Moloney  
Gastroenterology,  
Nenagh Hospital

Dr Mary Jane Brassill  
Endocrinology  
South Tipperary General Hospital

Dr Niall Colwell  
Cardiology  
South Tipperary General Hospital

Dr Christina Donnellan  
Geriatric & Internal Medicine  
South Tipperary General Hospital

Dr Clare O’Leary  
Gastroenterology  
South Tipperary General Hospital

Dr Isweri Pillay  
Geriatric & Internal Medicine  
South Tipperary General Hospital

Dr Caitriona Mullarkey  
Emergency Medicine

Dr Damien Ryan  
Emergency Medicine

Dr Gareth Quin  
Emergency Medicine

Dr Cormac Mehigan  
Emergency Medicine
The official opening of the RCPI UL Hospitals Group office took place on the 7th of November 2018. The office provides administrative support and information to Interns, Trainees, Licentiates, Members or Fellows located in the Mid-West. This is a hugely positive enhancement to our training programmes in the UL Hospitals Group. The RCPI office is based in the postgraduate training hub on the Ground Floor of the Nurses Home, UHL and office hours are Monday-Thursday mornings.

National Doctors Training & Planning office, University Hospital Limerick

UL Hospitals Group encompasses 6 hospitals. None are more than a 45-minute drive from the hub hospital, UHL. Postgraduate medical training opportunities are numerous. With this in mind, ULHG was chosen as one of 2 pilot sites for the establishment of a Training Lead Office in 2017. Dr Catherine Nix (Consultant Anaesthetist Intensivist) was appointed to the role in ULHG. Due to the success of the initial pilot project the HSE has rolled out this initiative to all hospital groups this year.

The ULHG Training Lead acts as a central point of contact for all generic training related issues, particularly from an educational governance perspective and relating to external stakeholders. They also work with local stakeholders towards ensuring that the ULHG hospitals meet the criteria for training as laid out by the Irish Medical Council. We aim to support multidisciplinary engagement by developing educational projects that bring trainees from different specialties together in a learning environment e.g. point of care ultrasound educational courses.
Health & Wellbeing supports for NCHDs in UL Hospitals Group

Sports & Social Club at UL Hospitals Group
Health & Wellbeing events take place on all hospital sites.
They run events such as:
- pilates
- yoga,
- walks,
- stress management programmes,
- smoking cessation clinics
- walking/running programmes.

Workplace Health & Wellbeing Unit, HSE
The Workplace Health and Wellbeing Unit of the HSE offers tailored staff support services to enable you to maximise your work contributions and work life balance. Including but not limited to:
- Occupational Health
- Employee Assistance and Counselling Service
- Health Promotion and Improvement

https://www.hse.ie/eng/staff/workplace-health-and-wellbeing-unit/