

## **BST GIM Galway Hub**

The Galway medical scheme consists of 2 year rotations rotating three monthly through a number of major sub specialities. Each rotation offers 18 months training in Galway University Hospital and a further six months training (usually during the first year) in one of our affiliated level 3 regional hospitals. These are Sligo Regional Hospital, Letterkenny General Hospital, Mayo General Hospital, Portiuncula Hospital Ballinasloe and Roscommon Hospital.

We are the only BST Medical Scheme with rotations to the Mayo Clinic in Rochester. This is a unique opportunity to work directly with world renowned experts and have access to outstanding clinical, research and education resources.

### **Contact Details**

Dr. Helen Tuite is the director of the scheme and can be contacted by email with any questions:  
[helen.tuite@hse.ie](mailto:helen.tuite@hse.ie)

### **Training and Educational Opportunities**

All our consultants are approved RCPI trainers and are all involved in the education of our trainees.

Based on the J1 visa constraints in America, we have amended the Galway BST Scheme to include 2 six month Mayo Clinic rotations and 2 one year Mayo Clinic rotations. For the six month rotations the trainees will rotate through the Mayo Clinic in their last six months of the 2 year BST rotations. We also offer two one year Mayo Clinic rotations where the trainee will rotate through the Mayo Clinic for an additional year following the 2 year BST training. Any questions regarding these rotations should be directed to Dr. Helen Tuite via her email: [helen.tuite@hse.ie](mailto:helen.tuite@hse.ie)

We have an excellent educational programme which consists of Medical Case Conferences every Wednesday morning, dedicated BST teaching every Thursday morning and Medical Grand Rounds every Friday at 1 p.m. As well as this all specialities have their own specific teaching which includes journal clubs and bedside teaching.

We also ensure that our trainees who are undertaking their Membership are as prepared as possible. We offer consultant delivered tutorials for the MCQ preparation. In the lead up to clinical exams we have specific membership orientated tutorials on a weekly basis in a syllabus format as well as holding a half day mock exam in preparation for your MRCP part 2 clinical.

### **Deferrals**

We are piloting two deferral slots which would mean a 12 month delay commencing training. These are usually linked to one of the Mayo Clinic rotations.

### **Support Available**

In preparation for progression to SpR training, we encourage all our trainees to partake in research and audit and each year we have an end of year awards night to recognise the achievements of our NCHDs. We organise mock interviews for our SHO's who are applying for registrar and SpR programs.

### **The local area**

Galway is an attractive place to live with many of our NCHDs living within walking distance of the hospital. There are varied cultural opportunities including the Galway Races, the theatre festival and the Connemara half marathon which attracts many competitors from the hospital community.