



I am pregnant Should I get a COVID-19 vaccine?

UPDATED

Pregnant women are offered mRNA COVID-19 vaccination between 14 and 36 completed weeks' gestation following an individual benefit/risk discussion with their obstetric care giver

**Get the mRNA
COVID-19 vaccine**



or



**Wait until more
information is available
about the vaccines in
pregnancy**

What are the positives of this option?



Vaccination is currently the most effective way to reduce the risks associated with COVID-19



Vaccination may protect your baby from COVID-19



To date, over 106,000 mRNA vaccinations in pregnancy have been reported in the US*. Current data do not suggest safety concerns about the COVID-19 vaccines in pregnancy



Other vaccines are recommended in pregnancy with good safety information

*as of 03/05/21



You will not experience any side effects from the vaccines

What are the negatives of this option?



Results of clinical trials on the COVID-19 vaccine in pregnancy are not available yet



You may get some side-effects from getting the vaccine



The results of the pregnancy trials may not be published for many months - You may have to wait until after you have your baby to get your vaccine



You will still be at risk of getting sick from COVID-19; this may lead to ICU admission, pre-term birth or stillbirth



You won't be able to enjoy the benefits afforded to fully vaccinated people when meeting with others

You might consider this option if you:

- Want to give you and your baby the best protection against COVID-19 by getting a COVID-19 vaccine
- Have multiple contacts through your work or life responsibilities



- Think getting a vaccine will make you very nervous
- Are more worried about getting the vaccine compared with the known risks of getting COVID-19
- Have had a severe allergic reaction to previous injected medicines
- You are not at higher risk of getting COVID-19 and can maintain strict compliance with other measures to reduce the risk of COVID-19



If you choose this option:

- Get the vaccine when you are between **14 WEEKS** and **36 WEEKS** pregnant.
- Take paracetamol if you develop a fever (>38°) after the vaccine.
- Continue to follow current public health advice on social distancing, wearing a mask and hand hygiene.



Only choose this option if you and the people you live with can follow current public health advice on:

- wearing a mask
- social distancing
- hand hygiene
- working from home where possible



It is your choice whether or not you get the COVID-19 vaccine before, during or after pregnancy