



**ROYAL
COLLEGE OF
PHYSICIANS
OF IRELAND**

National Education Day
for
Doctors in Training 2021

RCPI Trainees' Committee

[Join the webinar here](#)

Webinar link: <https://rcpi-ie.zoom.us/j/98166324223>

Welcome message from the Chair, Dr Seán Armstrong

National Education Day for Doctors in Training 2021

Since our last National Education Day for Doctors in Training, held in September 2019, so much has happened. Trainees and NCHDs across the country, and the world, have stepped up to the plate to provide excellent care during a global pandemic – often to the detriment of their training. We have put ourselves in harm’s way – accepting risks which were previously inconceivable in day to day life.

Huge changes occurred in the Irish healthcare system in a brief timeframe. Telemedicine, clinic restrictions and PPE requirements required us to adapt and learn new skills. I am proud to say that trainees mastered these challenges at great personal cost and with minimal complaint.

However, these changes have reinforced many divides. We have not yet counted the cost of the pandemic in terms of the impact on minorities and societal groups who have struggled to access healthcare in the past. It is with those fellow human beings in mind that we, the RCPI Trainees’ Committee, developed this year’s NED – “Inclusion and Fusion”. This symposium will endeavour to remind and educate us that, for many, healthcare is not easily accessed and even when it is accessed, significant bias and discrimination can remain.

I ask you to approach this symposium with an open mind and challenge any unconscious bias we might have, when caring for the more vulnerable groups in our society.

I also wish to extend a warm congratulations to the shortlisted candidates in our Trainee Awards. The standard of submissions rises every year – and the judges are often hard pressed to select a winner.

On behalf of the RCPI Trainees’ Committee I wish to welcome you to the online symposium.



Dr. Seán Armstrong MRCPI

Chair of the Trainees’ Committee 2020-2021



Programme

Time	Description
14:30	Introduction – Dr. Seán Armstrong
14:40	Guest Speaker Talks: 14:40 – Dr. Sarah Fitzgibbons 15:00 – Bulelani Mfaco 15:20 – Dr. Austin O’Carroll 15:40 – Prof. Clóna Ní Cheallaigh 16:00 – Panel Discussion
16:30	Trainee Awards: 16:35 – Corrigan Medal 16:45 – David Mitchell Award 16:55 – William Stokes Award 17:05 – Kate McGarry Prize 17:10 – Dorothy Stopford Price Medal 17:15 – Trainer of the Year Award
17:20	Closing

Guest Speakers

Speaker: Dr. Sarah Fitzgibbons

Talk title: *Gender Equity in Medicine: Why Does It Matter?*



Dr Sarah Fitzgibbon is a GP in Cork city. In 2014 she was diagnosed with stage 4 cancer and began to write about her experiences in her blog, "Adventures of a Sick Doctor". In December 2017, she established the Women in Medicine in Ireland Network which is an organisation that supports, promotes and encourages female doctors and medical students in Ireland. She is passionate about addressing the structural and societal barriers that disproportionately affect women in their professional and personal lives.

Speaker: Bulelani Mfaco

Talk Title: *Inclusion - Perspectives of an Asylum Seeker*



Growing up in the apartheid ghetto of Khayelitsha in Cape Town, Bulelani Mfaco became involved at an early age in protests for adequate housing & access to land with Abahlali BaseMjondolo, health care in the Khayelitsha Health Forum, and improved policing in neighbourhood watches. In 2017 he claimed asylum, seeking protection from violence and targeted killings of LGBT+ people. He is one of the Spokespersons at MASI – the Movement of Asylum Seekers in Ireland where he is campaigning for the right to work for all asylum seekers, and to end Direct Provision. Bulelani is also on the board of directors of the Irish Council for Civil Liberties, and is part of Equinox, a coalition of anti-racist campaigners in the EU."

He holds a BAdmin Hons (University of the Western Cape), MA in Politics, University College Dublin, and is currently reading for a PhD in TU Dublin (Institutionalised Inhumanity: Direct Provision and the threshold of inhuman treatment).

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Speaker: Dr. Austin O'Carroll

Talk Title: *Making Sense of Street Chaos*



Dr Austin O'Carroll *ICGP Dhealth Hon* founded several initiatives:

- Safetynet (2007) which provides GP services to over 6000 marginalized patients annually throughout Ireland. He was Medical Director from 2007-2017.
- GMQ, a primary care programme for homeless people.
- Partnership for Health Equity, a research, education, policy and service delivery collaboration.
- GPCareForAll, a new social enterprise that creates new GP practices in areas of deprivation.
- North Dublin City GP Training programme, the first internationally that trains GPs to work in communities affected by deprivation or marginalization.

He completed a Doctorate in ethnographic research into the health service usage behaviours of homeless people. He was appointed Clinical Lead for the Covid Homeless Response in 2020. He received the Fiona Bradley Award; Time & Tide Award for his work with migrants; Irish Healthcare professional of the Year Award 2015; Doolin Award; Gertrude Ronan Award 2018 and Wonca Europe GP of the Year 2020.

Speaker: Prof. Cliona Ní Cheallaigh

Talk Title: *Inclusion Health: What, How and Why?*



Cliona Ní Cheallaigh is an Associate Professor in the Department of Clinical Medicine, TCD and a Consultant in Infectious Diseases and General Medicine in St James's Hospital, Dublin. She is the Clinical Lead of the Inclusion Health Service in St James's Hospital dedicated to improving access to specialist hospital care for socially excluded individuals.

Her research seeks to look at the effect of social exclusion on health from a number of perspectives, and includes work on health systems design and evaluation, work funded by the HRB on premature ageing in homeless adults and work on the effect of social exclusion on the immune system funded by the Royal City of Dublin Hospitals Trust. She has a strong interest in ensuring equity of outcomes for socially excluded people living with HIV.

She is also part of the SFI-funded COVID-19 Research Hub in TCD, with a particular interest in looking at why people who are marginalized are more likely to get severe COVID-19.

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Trainee Awards

Corrigan Medal

Dr. Sarah Devlin (BST General Internal Medicine)

See No Evil, Hear No Evil, Speak No Evil: Giant Cell Arteritis - An Assault on the Senses

Dr. Michael Higgins (BST General Paediatrics)

A Unique Case of Ring Chromosome 13

Dr. Claire Drumm (BST General Internal Medicine)

Congo-Red Herring: Nail Dystrophy and Scleroderma Amyloidosum in Myeloma-Associated AL-Amyloidosis

David Mitchell Award

Dr. Lydia Healy (HST General Paediatrics)

Improving adherence to targeted SCID screening in a General Hospital through audit

Dr. Michael O'Shea (BST General Internal Medicine)

Addressing Discharge Prescribing Errors in Saint James's Hospital

Dr. Patrick Kerr (HST Respiratory Medicine & GIM)

Stop the Clot – an audit and quality improvement initiative of thromboprophylaxis prescription among patients admitted to hospital with COVID-19

William Stokes Award

Dr. Alwin Sebastian (HST Rheumatology & GIM)

Ultrasonographic Southend Halo Score as a marker for diagnosis and monitoring of disease activity in Giant cell arteritis

Dr. Antoinette O'Connor (HST Neurology)

Plasma phospho-tau181 in presymptomatic and symptomatic familial Alzheimer's disease: a longitudinal cohort study

Dr. Rosemary Dineen (HST Endocrinology & Diabetes Mellitus & GIM)

Optimising steroid replacement in patients with adrenal insufficiency: a prospective study of dual-release hydrocortisone

Kate McGarry Prize

Dr. Katie Liston (BST General Internal Medicine)

Dr. Joseph Morris (BST General Internal Medicine)

Dr. Louise Kelly (BST General Internal Medicine)

Dr. Luke Harrington (BST General Internal Medicine)

Dorothy Stopford Price Medal

Dr. Niamh Bambury (HST Public Health Medicine)

Healthcare provider knowledge of and barriers to pneumococcal vaccination in at risk adults: survey results in Ireland 2020

Dr. Aoife Bell (BST General Internal Medicine)

Assessment of the Uptake Rate and Factors Influencing Uptake of Pneumococcal and Influenza Vaccination in MMUH patients with Diabetes Mellitus

Dr. Colm Mac Eochagáin (HST Medical Oncology)

HPV Vaccination among Seropositive, DNA Negative Cohorts